



Slips, Trips and Fall - Best Practices Simplified

Hundreds of thousands of workers are injured and lose 1 or more days away from work each year due to injuries sustained from slip/trips/falls which are preventable. Here is how you can improve upon this immediately. Discuss.

Worksite Housekeeping: Everyone has to keep their work areas organized – remove debris, scrap, and materials to their proper place – like a dumpster. Preventing build-up of junk is essential and it improves efficiency as well.

Walking Surface Maintenance: Making sure your staff uses proper cleaning methods and equipment on walking surfaces – indoors and outdoors.

Area Lighting: You have heard it all before but if you can't see where you are going – you will be unable to discern irregular work surfaces, debris, hazards or spills that will result in a slip, trip and fall. Make that investment in safety.

Stairways: Install handrails per regulations, mark front edges of steps using non-slip paint/tape and make sure lighting is installed and lights maintained.

Spills: Company safety policy/practice should mandate workers attend to any spill immediately – especially oils. Have supplies on hand to deal with spills. Use wet floor/ spill barricades signs if available in static work environments.

Power Cords: Not only should damaged cords be taken out of service, but all cords should be managed around the jobsite and not left about when the job is over creating hazards for workers. Use cable covers if cords cross walkways.

PPE – Footwear: Wearing sneakers, worn out footwear or any shoes with laces or tongues hanging out definitely places workers at risk. Slip resistant soles are a must for working on slippery floor conditions. Inspect & Correct.

Environmental Conditions: Weather changes and seasonal temperature changes can result in water, snow and ice on work surfaces and equipment creating profoundly more dangerous hazards. Prepare in advance to deal with these issues as they arise such as having ice melt or absorbents or degreasing compounds on hand.