



PPE – Knee Pads – Ergonomic Exposures



Before and After Temporary Sandbag Knee Protection

Concrete workers are required to work while kneeling, twisting and exerting themselves while kneeling.

Continued exposure to multiple risk factors (kneeling, twisting and overexertion) can contribute significantly to the development of cumulative trauma disorders (CTD's).

Work processes should be assessed for hazards so that ergonomic risks can be eliminated. If they cannot, then appropriate PPE should be provided – like knee pads.

Discuss your company PPE policy and how hazards are evaluated and addressed in the workplace.