



First Aid Tip – Finger Amputation

- Rinse off the severed finger or other body part. Saline works.
- Dampen a clean cloth or piece of sterile gauze and wrap the finger in it.
- Put the wrapped appendage into a plastic bag and put the bag in iced water.
- The injured person should keep the severed body part with him or herself. If someone else keeps the finger, that person may become separated from the injured person at the hospital.
- Do NOT place the finger on ice or attempt to scrub the part.
- Control bleeding - apply direct pressure - elevate limb higher than your heart.

First Aid Tip – Tooth Knocked Out

- Rinse the tooth with milk or water. If milk or water isn't available, and the tooth becomes dirty, suck off the dirt.
- Then, quickly try to put the tooth back in its socket.
- If the tooth won't go back, keep the tooth between the gum and cheek. The ligament trailing off the end of the tooth should be kept moist.
- Get to an emergency room or dentist quickly. The crucial period is an hour

First Aid Tip – Eye Ball Pops Out

If your eyeball pops in front of your eye lid do not push it back in!

Likely it will be suspended by the optic nerve and not fall completely out.

Instead get to an emergency room as soon as possible – make sure an ophthalmologist is waiting to push the eyeball in the socket.

Antibiotic ointment will be prescribed.

Vision will be blurred for a while afterward but should return in two weeks.